PUNE DISTRICT EDUCATION ASSOCIATION'S MAMASAHEB MOHOL COLLEGE, PUNE

48/1A, Erandwane, Paud Road, Pune – 411038 (Maharashtra) India

"Accredited By NAAC At 'B+' Grade"

7.1.1. Measures initiated by the Institution for the promotion of Gender equity duringthe year.

Sr.No	Content		
1	Annual gender sensitization action plan 2022-23		
2.	Report 2022-23		

PDEA'S



Mamasaheb Mohol College,



(Arts commerce & science)
Paud Road Pune -38

Annual gender sensitization action plan 2022-23

Sr. No	Name of Activity	Tentative date
1	Lecture on Health and nutrition organized by Women study centre	29.09.2022
2	Lecture on Premarital counseling organized by Women stud y centre	10 .10.2022
3	Lecture on Health and nutrition organized by Women study centre	13.12.2022
4	Lecture on Gender sensitization	15.12.2022
5	International Women's day	8.3.2023

Prof.Dr.Shendkar R.A.

Dr. Satav G.P.
Principal
Principal
Mamasaheb Mohol Mahavidyalaya
Paud Road, Pune-411038.

Pune District Education Association

MamasahebMohol College, Paud Road, Pune-38 Report 2022-23

21/11/2022 Women Health Awareness Camp:

MamasahebMohol College Paud Road, of Pune District Education Association National Service Scheme and Women's Cell and Family Planning Association of India organized a women's health awareness camp on 21/11/2022 in the college at this time Principal Dr. Satav G. P., Dr. SonaliTalwalikar F. P. A. I GoranGroskoff Family Clinic, Dr. ShivajiShinde, Dr. SrinivasaIpalpalli, Dr. ShobhaTitar, Dr. Ashok Shelke, Dr. RupaliShendkar, Dr. Swati Shinde, Prof. Gauri Marne, PriyankaJadhav, Dr. SunitaDakle, Dr. MeghnaBhosle, NitinDalvi were present.

While guiding the attendees, Dr. SonaliTalwalikar said "Many women are neglecting themselves in the pursuit of a career, a job. Yesterday's young woman who had a career became a married woman after marriage. The role of a woman who takes responsibility as a wife, mother has changed. But the role of men has not changed. So women are constantly burdened. Waking up early, cooking Women are stuck under the burden of doing, taking care of children, and also taking care of the responsibility if there is a job. So they don't want to pay attention to their own health. Women's health is of unique importance when considering the overall national health. This cannot be denied. If the health of the women of the country remains good, it can definitely result in the overall development of the country. Today, the health of women in our country has become a matter of concern and contemplation. The development of these women should be done from childhood. It is necessary to protect her physical and mental health."

Principal Dr. Satav G. P. Said "If the health of the house wife is good, she can take good care of others; but if she herself is sick with some problem, the whole family is sick. This is the experience of all. Women's mentality is often to blame the disease on themselves. Only when it

worsens, they seek medical advice. They are prepared. It is necessary to enlighten them in that regard as well."

The program was organized by National Service Scheme Program Officer Dr. SrinivasaIpalpalli, Dr. Ashok Shelke, Dr. ShobhaTitar, Head of Women's cell Dr. RupaliShendkar, Dr. Swati shinde, Prof. Gauri Marne, Shri.Ganesh Sable.

Dr. Principal of the college Dr. G.P Satav felicitate to Dr.SonaliTalwalikar.





Family Planning Association's Representative Dr. Archana Sasane guiding the students



Dr. RupaliShendkar, coordinator of Women Cell, introducing the women's health awareness camp activity





Dr. SonaliTalwalikar guiding the students



Dr. SonaliTalwalikar guiding the students





10 /2/2023 Self Defense Training Workshop:

On Friday 10 February 2023, a 'Self Defense Training Workshop' was conducted at MamasahebMohol College through VidyarthiVikasMandal, National Service Scheme and Women Cell. Introductory program of the workshop, The workshop was inaugurated by 10 /2/2023 Self Defense Training Workshop:

On Friday 10 February 2023, a 'Self Defense Training Workshop' was conducted at MamasahebMohol College through VidyarthiVikasMandal, National Service Scheme and Women Cell. Introductory program of the workshop Dr.Ashok Shelkeintroducingtheobjectives of workshop, It was inaugurated by Principal of the college Dr.GP Satav. Various activities are always encouraged in the college for female students. From the point of view of mental health and physical health, he promised to start a counseling center and healthcare center in the college in the near future. He also expressed his intention to start free karate training for female students.

The first session of the workshop was coordinated by Dr. RupaliShendkar, Coordinator of Women Cell.

According to the theme 'Domestic Violence', Mr. NitinDalvi, cluster coordinator of Family Planning Association India, Mrs. PournimaSalunke and actress Adv. Neeta Shende were present. They told the students about the types of domestic violence, how to recognize domestic violence, the reasons for the increase in domestic violence in the corona era, women's role in the society. In-depth guidance was given on the rising expectations as well as various provisions on domestic violence. He expressed the opinion that if the students present this topic in a proper manner in the slums of the society through street drama to create awareness about domestic violence, it will have a great effect.

The second session of the workshop was coordinated by IQAC Coordinator Dr. SapnaRane, in which SukanyaPandey, resource person of Million Minds Company was present to guide the students on the theme of 'Physical Health and Personality Development'. Guidance was given in a very simple and easy style about change, importance of health and hygiene, stages of personality development, behavior in corporate sector, dress code etc. SukanyaPandey on

behalf of Million Minds Company distributed gift hampers of Whisper Company to 250 female students.

The third session of the workshop was coordinated by the Program Officer of Student Development Board Dr. AdinathPathak. Under the 'Self Defense Training' program Mr. ShyamBhosale, Head of Sports Department of Pune District Education Association, demonstrated and guided the students how to use jewelry or other small items close to them in adverse situations and founders of Shaurya Sport Academy Kishore Shinde, RoshniDhotre, PreetiShirke, AnuragGaikwad, and AjnaSuryavanshi engaged college students and trained them in different tactics used in self-defense. Demonstrated and trained the students on how to deftly counter an opponent's attack without using any force.

Students, teachers and non-teaching staff of the college participated in this entire workshop. Ashok Shelke, Principal of the college. It was done by GP Satav. Various activities are always encouraged in the college for female students. From the point of view of mental health and physical health, he promised to start a counseling center and healthcare center in the college in the near future. He also expressed his intention to start free karate training for female students.

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Adv. Nita Shende guided students about the types of domestic violence.





Principal of the college Dr. Satav G. P.Welcoming to the founder of Shaurya Sport Academy, Mr. Kishore Shinde.



Prof. Dr. SapnaRane welcoming SukanyaPandey, resource person of Million Minds Company



Self-defense tactics training by Kishore Shinde, founder of Shaurya Sport Academy



Participating students of the college for the training workshop



15/2/2023 Seminar: 'Recent business opportunities for women self-help groups'

On 15th February 2023, a seminar was organized on the subject of 'Recent business opportunities for women self-help groups' at MamasahebMohol College of Pune District Education

Association. View of social responsibility, on behalf of Women Cell and NSS department of the college. Principal Dr. GP Satav invited women self-help groups from Kelewadi and More Shramik Colony to the college for get-together.

Local social workerHarshvardhanMankar was the chief guest for the event, who promised to provide all necessary assistance to women self-help groups in the area for modern vocational training. Dr. GirijaShinde and trainer VaishaliThopte guided the women about recent business opportunities.

Social worker HarshvardhanMankartaken a responsibility of Free training programs on Zardosi Work, Sewing, Embroidery, Sanitary Napkin Pads, TilgulaJewellery, AkashKandil, LED Light Garland making will be conducted for which women need to come together and work together, At the same time, he also took the responsibility of getting the finished goods to the market.

48 women from Jijamata, Shivai, and Morya self-help groups participated in this program. The NSS program officer of the college, Dr. Ashok Shelke, Dr. RupaliShendkar, coordinator of Women's Cell, and Dr. Swati Shindeorganized the entire program was supported by the teaching and non-teaching staff of the college.

Principal of the college Dr. G.P Satavfelicitate to trainerVaishaliThopete.



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SL Chavan Foundation President Dr. GirijaShinde



Women Cell Coordinator Dr. RupaliShendkar





Social workerHarshvardhanMankar



8/3/2023 Seminar: "Self Defense and Changing Role of Society"

A seminar on "Self Defense and Changing Role of Society" was organized on Tuesday 8th March 2023 at MamasahebMohol College in association with Women Cell, VidyarthiKalyanMandal and NSS on International Women's Day. Program introduced by the coordinator of Women Cell Dr. RupaliShendkar. According to this theme, Kalyani and Prajakta, representatives of 'AbhivyaktiSanstha' Pune, interacted with the students by showing the short film 'That day after every day'.

The students received positive answers that the resistance against the harassment of women in the society is not limited to that woman only and if others do not play the role of an eyewitness, if they come together and resist, such bad trend in the society can be eradicated.

College Principal Dr. GP Satav, while guiding, informed that no such incident will happen in the college premises and also informed that a separate system is working to solve the complaints of the students. The program was coordinated by Dr. MeghnaBhosle, Dr. Swati Shinde, Dr. AdinathPathak, Dr. By Ashok Shelke.For this seminar, Vice Principal Dr. SB Shinde, Dr. SunitaDakle, Dr. PrakashHumbad, Dr. ShobhaTitar, Prof. LaxmanUkeerde, Prof. TanajiJadhav, Prof. AlkaWadekar were present and 122 students of the college, faculty, non-teaching staff registered their participation. RupaliShendkar gave vote of thanks

The principle Dr G P SatavfalicitateKalyani, AbhivyaktiSanstha Pune



Dr. SB Shindewelcoming Kalyani, the representative of AbhivyaktiSanstha Pune





Participating students of the college



8/3/2023 International Women's Day

International Women's Day was celebrated at MamasahebMohol College, Paud Road, Pune on Wednesday 8th March 2023 under the guidance of Honorable Principal Dr. GP Satav. MrsAmrutaSandeepGhone (Mayor Jejuri Municipality) Dr. ManjushaSharadKadam (Project Director Department of Education and Technology) was present and Honorable Mr. NitinShinde, President of Alumni Association also made his appearance.

Recognizing the excellent work of women working in the political, social and educational field, their work was honored by giving a badge of honor at the hands of the Honorable Principal. The Chief Guest expressed his views on the UNESCO theme for International Women's Day 2023 on Research and Technology for All-Gender Equality. He also guided the students and attendees through his experiences and short stories about what we can do or need to do for women's empowerment.

Honorable Mr. NitinShinde, President of Alumni Association, expressed his respect toward women by giving gifts to women and wished them on International Women's Day. The vote of thanks was given by the Vice Principal of the College Dr. Shinde SB.

Mrs. Lakshmi DevramDudhane, (Former CorpoatorPMC)



Mrs. Amrita SandeepGhone (Former Mayor Jejuri Municipality)



Dr. ManjushaSharadKadam (Project Director Education and Technology Department)



Alumni Association President Mr. NitinShinde





Students, teachers and non-teaching staff of the college participated.



9/3/2023 Women felicitation programon the occasion of International Women's Day:

Mr. GopalKokate, Kothrud Branch Manager of AU Small Finance Bank, Mr. Yatish Shah, Cluster Head and Regional Marketing Manager Mr. Manish Malviya were present in the program organized by Woman Cell and Competitive Examination Department at MamasahebMohol College of Pune District Education Board on Thursday, March 9, 2023.

ShriYatish Shah wished on International Women's Day and expressed his respect towards women and gave good guidance on opportunities in the banking sector and also assured that AU Small Finance Bank will provide all necessary assistance to the staff and students of the college in relation to banking services.

A total of 18 female teachers and non-teaching staff of the college were felicitated with gifts through AU Small Finance Bank on the occasion of International Women's Day.

College Principal Dr. G P Satav in his vision expressed the hope that in future various activities will be done with AU Small Finance Bank so that college students can get specialized training and knowledge about banking sector.

The entire program was coordinated by DrMeghnaBhosale, Head of the Department of Economics. Vice Principal Dr. ShivajiShinde, Dr. YogeshPawar, Dr. PrakashHumbad, Dr. SrinivasIpalpalli, Dr. Bharat Rathod, Office Manager Mr. Ganesh Sable were present for this program. Also, all the teachers, non-teaching staff and students of the college registered their participation in the program coordinated by Dr. RupaliShendkar and vote of thanks was proposed by Dr. SunitaDakle, Head of Department of Commerce.

Dr. SunitaDakle welcoming AU Small Finance Bank Kothrud Branch Manager Mr. GopalKokate





Mr. Yatish Shah, Cluster Head of AU Small Finance Bank, Kothrud Branch



9/3/2023 Youth Counseling Center Inauguration:

Pune District Education Association's, MamasahebMohol College, Paud Road, Pune National Service Scheme, Women's Cell and GoranGrosskopf Family Clinic Kothrud of Family Planning Association of India inaugurated Youth Counseling Center on this occasion as chief guests GoranGrosskopf, BirgittaGrosskopf, FreniTaraporeGoranGrosskopf Clinic President, GitanjaliDeshpandeGrosskopf Clinic Vice President, ArchanaSasane Project Officer, Principal Dr. Satav G. P., Mr. NitinDalvi, was present.

Children are born according to their natural abilities but the successful invention of that ability happens only if they get the right opportunities and guidance. Counseling will work to find out exactly what is lacking, which he rarely understands, and to correct it. Activities such as diagnosis and treatment in a

scientific manner will be done for the students of the college through this youth counseling center.

Under the guidance of Dr. Satav G. P. program Coordinated by National Service Scheme Officer Dr. SrinivasaIpalpalli, Dr. Ashok Shelke, Dr. ShobhaTitar, Head of Women's cell Dr. RupaliShendkar, Prof. Gauri Marne, Prof. PriyankaJadhav, student representative SurajShirale.

The Youth Counseling Center was inaugurated and the chief guests were GoranGrosskopf, BirgittaGrosskopf, FreniTarapore Principal Dr. Satav G. P







7/4/2023 World Health Day:

On behalf of Pune District Education Association's, MamasahebMohol College, Paud Road, RashtriyaSevaYojana, Yuva Red Cross, Women's Cell and VidyarthiVikasMandal and in collaboration with Family Planning Association and GoranGrosskopf Family Clinic, ChandniChowk, Kothrud Health Awareness among Youth on World Health Day An online lecture was organized on this. For this, Dr. Ramesh Bhosle, former professor of Obstetrics and Gynecology Department and head B.J. Government Medical College, Principal Dr. Satav G. P., Hon. ArchanaSasane, Shri. NitinDalvi was present.

Dr. Ramesh Bhosle said that young age is a very 'happening' period of life, but from the point of view of health, occasional and frequent eating out, boredom of exercise, study, career, friends, stress on the mind while dealing with different levels and being neglected, Many things happen at this age, such as getting into drinking or smoking with the company of friends. Many medical experts say that many of our habits are formed during adolescence and later adulthood, and we continue to act accordingly throughout our lives. So adopt good health habits while still young. Many health studies of adolescent children and youth seem to be confused about the basic concept of what it means to be 'healthy'. According to many girls and women, 'healthy' means either being fat or 'healthy' is 'zero figure'. This definition of health is based only on superficial

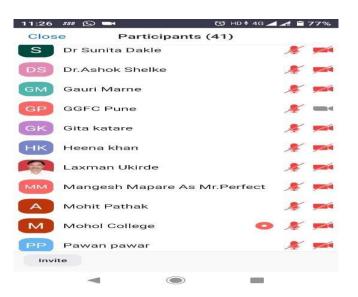
appearance. Health actually means 'fitness'. 'Six Pack Abs' or 'Zero Figure' is not important in but it means to be strong, healthy, and active. So basically we need to check what our concept of health is, and it should be done at a young age, in fact even earlier.

The program was organized Under the guidance of Principal Dr. Satav G. P. National Service Scheme Program Officer Dr. SrinivasaIpalpalli, Dr. Ashok Shelke, Dr. Dr. ShobhaTitar Women's Cell Head. RupaliShendkar, Prof. Gauri Marne, Prof. PriyankaJadhav, Dr. PrakashHumbad were arrange the programme.



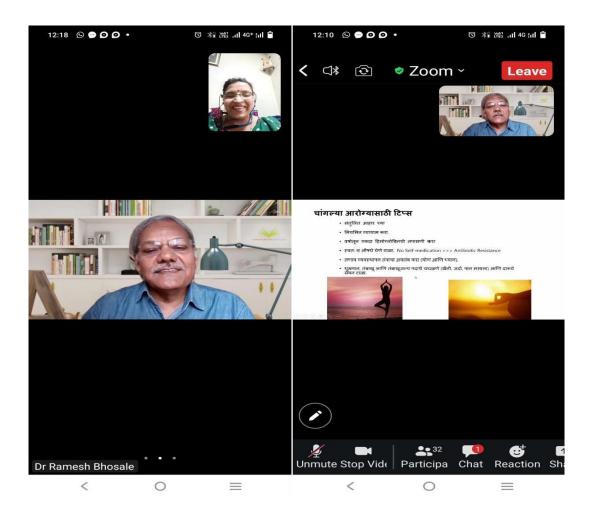


Dr.RameshBhosle Guidance - Participating students of the college





Dr. Ramesh Bhosale



Prof.Dr.Shendkar R.A.

Dr. Satav G.P.
Principal
Principal
Mamasaheb Mohol Mahavidyalaya
Paud Road. Pune-411038.