

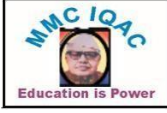
PUNE DISTRICT EDUCATION ASSOCIATION'S
MAMASAHEB MOHOL COLLEGE, PUNE

48/1A, Erandwane, Paud Road, Pune –
411038 (Maharashtra) India

"Accredited By NAAC At 'B+' Grade"

7.1.1. Measures initiated by the Institution for the promotion of
Gender equity during the year.

<i>Sr.No</i>	<i>Content</i>
<i>1</i>	<u>Annual gender sensitization action plan 2023-24</u>
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PDEA'S

Mamasaheb Mohol College,
(Arts commerce & science)
Paud Road Pune -38



Annual gender sensitization action plan
2023-24

Sr. No	Name of Activity	Tentative date
1	Lecture on Health awareness- yoga day organized by Women study center	21.06.2023
2	Health benefits – Arrangement of traditional games on the occasion of Nagpanchami	21.08.2023
3	Lecture on skill development (linkwomen)	06.09.2023
4	Lecture on Special schemes for women of PMC	06.09.2023
5	Lecture on Premarital counseling organized by Women study centre	14.12.2023
6	Lecture on Health and nutrition organized by Women study centre	15.12.2023
7	Lecture on Gender sensitization	16.12.2023
8	International Women's day	8.3.2024

Prof. Dr. Shendkar R.A.

Dr. Satav G.P.
Principal
Principal
Mamasaheb Mohol Mahavidyalaya
Paud Road, Pune-411038.



Pune District Education Association

MamashehMohol College, Paud Road, Pune-38

Report 2023-24

21/06/2023 International Yoga Day:

Mamasheh Mohol College celebrated International Yoga Day on June 21, 2023. Under the guidance of the college principal, Dr. Gangadhar Satav, the event was organized by the head of the sports department, Dr. Yogesh Pawar, and the head of the Women's Cell, Dr. Rupali Shendkar.

For this program, a lecture by international award-winning yoga guru Vithal Kadu was organized. His son, Siddhesh Kadu, also an international award winner, demonstrated various yoga asana for the students. Vithal Kadu explained the benefits of each yoga asana and the importance of yoga in our daily lives in a very simple and understandable language. The students, teachers, and non-teaching staff of the college participated enthusiastically in the program.

Yoga guru Vithal Kadu was welcomed by the college principal, Dr. Gangadhar Satav.



Yoga guru Vithal Kadu guiding the session.



Demonstration of yoga asanas by Siddhesh Kadu and his associates.



01/08/2023 'Link Women Project':

On August 1, 2023, Mamasheb Mohol College's Women's Cell, Competitive Exam Department, and Anti-Harassment Committee jointly organized a lecture as part of the "LINK WOMEN PROJECT." This project, initiated by Plan India Mumbai, Pune LinkedIn, and UN Women, aims to enhance employment skills and raise awareness about gender equality among female students.

Under the guidance of the college principal, Dr. G. P. Satav, the lecture featured Sangita Wankar, the Link Women Project coordinator, who provided insights into the project. The primary objective of the project is to promote gender equality and improve the employability skills of young women aged 19-24 who are pursuing higher education or technical vocational training.

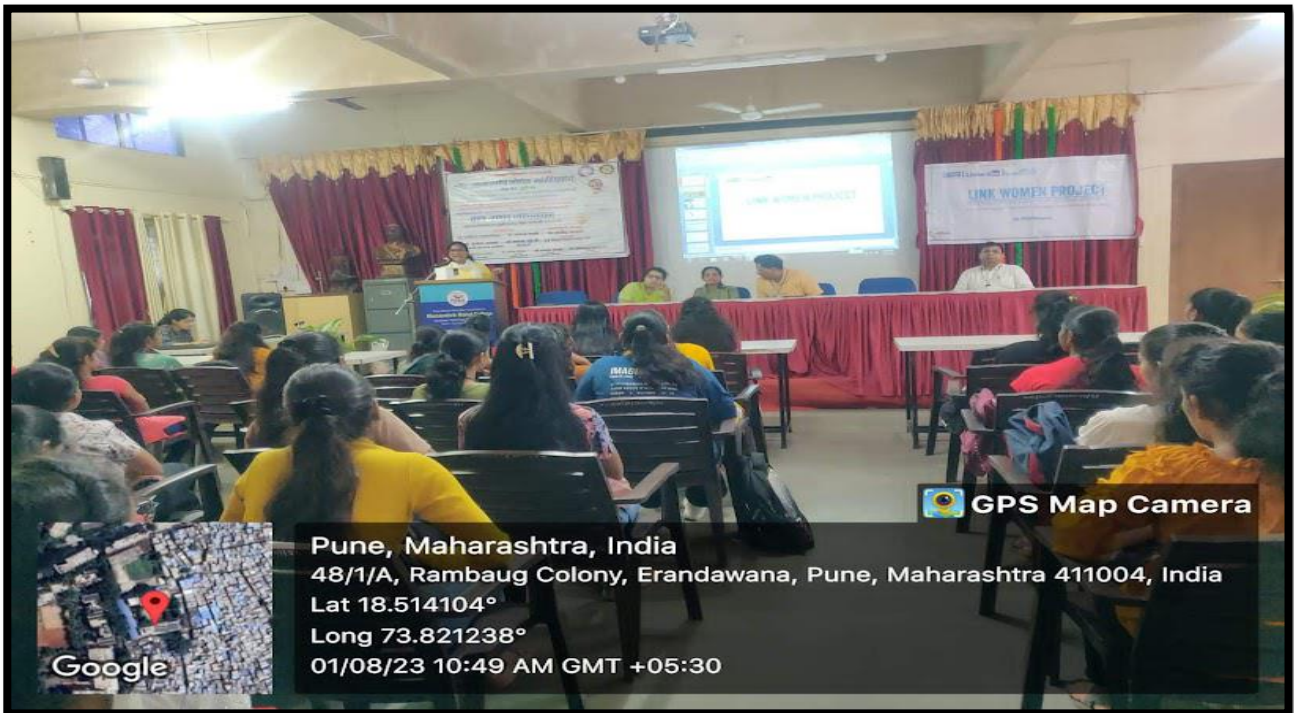
Key components of the project include:

1. Digital Marketing
2. Using Smartphones as a Business Tool
3. Utilizing E-platforms for Networking and Job Searching
4. Soft Skills, Communication Skills, and CV Writing
5. Proficiency in English

These training sessions are provided free of charge. In addition to training, the project also organizes job fairs to help participants secure employment.

A total of 67 female students registered for the training. The entire program was coordinated by Dr. Rupali Shendkar and Dr. Swati Shinde from the Women's Cell, with active participation from the college's teaching and non-teaching staff.

Link Women Project coordinator Sangita Wankar providing guidance.



21/08/2023 Significance of Festivals and Traditional Games:

On Monday, August 21, 2023, under the joint auspices of the Cultural Department and Women's Cell and under the guidance of the college principal, Dr. G. P. Satav, the festival of Nag Panchami was celebrated at the college. During this event, Dr. Shobha Teetar, head of the Cultural Department, explained the importance of the Nag Panchami festival and the various traditional games associated with it. Dr. Rupali Shendkar, coordinator of the Women's Cell, provided information on the significance of these games and their health benefits.

The students experienced how traditional games can be played in modern ways. Some students also enthusiastically enjoyed dancing. The event saw participation from all the female faculty members, non-teaching female staff, and students from various departments of the college.

Students, female faculty members, and non-teaching female staff engaging in traditional games.



06/09/2023: “Women Empowerment: Economic and Social Security of Women”

On September 6, 2023, Mamasheb Mohol College, through the Women’s Cell and under the guidance of Principal Dr. Gangadhar Satav, organized a lecture on “Women Empowerment” by Alka Gunjal, Coordinator of Pan India.

During the lecture, Alka Gunjal explained to the college students the laws and important provisions related to women’s economic and social security as implemented by the central and state governments. She also provided information about various government schemes, how to benefit from them, and how to follow up. Additionally, she offered detailed guidance on initiatives run by the Pune Municipal Corporation for women and the benefits these programs provide.

The event was coordinated by Dr. Rupali Shendkar and Dr. Swati Shinde from the Anti-Harassment and Women’s Cell departments. Female students, female faculty members, and non-teaching staff of the college actively participated in the program.

Alka Gunjal, Coordinator of Pan India, providing guidance during the session.



28/10/2023: 'Mahabhondla'

On October 28, 2023, Mamasheb Mohol College, through the Women's Cell and Cultural Department, organized 'Mahabhondla' under the guidance of Principal Dr. Mahendra Avhad. Taking advantage of the Navratri festival, a lecture by Dr. Shobha Teetar from the Marathi Department was arranged.

Dr. Shobha Teetar provided insights into the social and cultural significance of celebrating Navratri in traditional ways, using both traditional and modern examples to convey its importance to the students. She also explained the meanings of traditional Bhondla songs to the students. The event concluded with the celebration of Mahabhondla.

The entire program was coordinated by Dr. Rupali Shendkar from the Women's Cell and the Cultural Committee.

Dr. Shobha Titar providing guidance during the session.



**Students, female faculty members, and non-teaching female staff
participating in traditional games.**



20/12/2023: ‘Safety of Women in the City’

On December 20, 2023, Mamasheb Mohol College organized a lecture on the safety of women in the city by Mr. Jitendra Gole, a journalist from Daily Lokmat. The lecture covered important aspects such as precautions women should take while traveling, the assistance provided by the administration in emergencies, and information about police communication systems, mobile vans, etc.

Additionally, Mr. Gole invited the students to participate in the “Sakhi Raat Ragini” event organized by Daily Lokmat on December 22, 2023.

The entire program was coordinated by Dr. Rupali Shendkar from the Women’s Cell and Anti-Harassment Committee, along with her colleague faculty members.

Mr. Jitendra Gole, journalist from Daily Lokmat, providing guidance during the session.



22/12/2023: 'Sakhi Raat Ragini' Women's Safety Rally

On December 22, 2023, under the guidance of Principal Dr. Mahendra Avhad, Mamasheb Mohol College participated in the 'Sakhi Raat Ragini' event organized by Daily Lokmat. This initiative aimed to raise awareness about women's safety.

Students, female faculty members, and non-teaching staff from Mamasheb Mohol College took part in the safety rally, which was held from Alka Talkies Chowk to Shaniwar Wada from 11 PM to 1 AM.

The entire rally was coordinated by Dr. Rupali Shendkar and her team from the Women's Cell and Anti-Harassment Cell.

Students, female faculty members, and non-teaching female staff



17/01/2024: 'Self-Defense Techniques - Karate and Kudo Martial Arts Training'

On January 17, 2024, Mamasheb Mohol College organized a two-day workshop under the 'Nirbhay Kanya Abhiyan' initiative. The workshop was conducted with the joint efforts of Savitribai Phule Pune University, the Student Development Board, the Women's Cell, Anti-Ragging Committee, and the Harassment Prevention Committee, under the guidance of Principal Dr. Sharmila Chaudhary.

First Session: The first session featured a lecture by Mr. Shyam Bhosale, Sports Coordinator of Pune District Education Board. He emphasized the importance of good nutrition and exercise for developing physical and mental capabilities. Mr. Bhosale highlighted that the issue of women's safety is increasingly serious and stressed the need for students to receive training in various self-defense techniques and to practice them regularly. He assured that training in Karate, martial arts, and stick fighting would be provided to the students.

Second Session: In the second session, Karate and Martial Arts instructors Kishor Shinde and his students demonstrated practical self-defense techniques. They taught the students how to protect themselves effectively without weapons and with minimal force. Kishor Shinde also challenged the students to focus on regular diet and exercise to fulfill their parents' dreams and reduce their worries.

Coordination and Acknowledgements: The workshop was coordinated by Dr. Sapna Rane, with Dr. Rupali Shendkar serving as the coordinator from the Harassment Prevention Committee. The workshop was attended by Dr. Meghna Bhosale, Dr. Sunita Dakhale, Dr. Adinath Pathak, and Prof. Tanaji Jadhav. The event was hosted by Prof. Alka Wadekar, with thanks given by Dr. Swati Shinde. The workshop was successfully conducted with the support of college students, faculty, non-teaching staff, and all committee members.

Mr. Shyam Bhosale, Sports Coordinator of Pune District Education Board, providing guidance during the session.



Principal Dr. Sharmila Chaudhary and students receiving training in martial arts and karate.





17/01/2024: 'Gender Equality, Domestic Violence, Sexual Exploitation'

On January 17, 2024, Mamasheb Mohol College organized a two-day workshop under the 'Nirbhay Kanya Abhiyan' initiative. The workshop was conducted with the joint efforts of Savitribai Phule Pune University's Student Development Board, the Women's Cell, Anti-Ragging Committee, and Harassment Prevention Committee, under the guidance of Principal Dr. Sharmila Chaudhary.

Third Session: The third session featured a lecture by Advocate Preeti Harpale on the topics of gender equality, domestic violence, and sexual exploitation. Advocate Harpale provided examples of various incidents occurring in society and guided the students on how to handle cases of domestic violence legally. She also offered information on laws related to sexual exploitation, dowry deaths, disrespect towards women, and economic exploitation.

Advocate Harpale highlighted the growing problem of divorces and stressed the need for students to make initial efforts to secure family systems through mutual understanding, compromise, and counseling. She also explained legal provisions related to divorce, alimony, and women's rights in cases of abuse.

Coordination and Acknowledgements: The workshop was coordinated by Dr. Sapna Rane, with Dr. Rupali Shendkar serving as the coordinator from the Harassment Prevention Committee. The event was attended by Dr. Meghna Bhosale, Dr. Sunita Dakhale, Dr. Adinath Pathak, and Dr. Swati Shinde. The workshop was hosted by Prof. Alka Wadekar, with thanks given by Prof. Tanaji Jadhav. The workshop was successfully conducted with the support of college students, faculty, non-teaching staff, and all committee members.

Adv. Preeti Harpale providing guidance during the session.



18/01/2024: 'Sexual Sensitivity and Gender Equality'

On January 18, 2024, Mamasheb Mohol College organized the second day of a two-day workshop under the 'Nirbhay Kanya Abhiyan' initiative. The workshop was conducted with the joint efforts of Savitribai Phule Pune University's Student Development Board, the Women's Cell, Anti-Ragging Committee, and Harassment Prevention Committee, under the guidance of Principal Dr. Sharmila Chaudhary.

Second Day Session: On the second day of the workshop, Advocate Jayashree Bodekar delivered a lecture on 'Sexual Sensitivity and Gender Equality'. Advocate Bodekar provided guidance to the students on equal rights, duties, responsibilities, and opportunities for men and women by presenting various societal examples. She emphasized that women should strive to assume leadership roles in all fields, which would increase female participation and inspire other women and future generations.

Advocate Bodekar also discussed the Vishaka case and Bhavri Devi case from Rajasthan, explaining their relevance to the students.

Coordination and Acknowledgements: The workshop was coordinated by Dr. Sapna Rane, with Dr. Rupali

Shendkar serving as the coordinator from the Harassment Prevention Committee. The event was attended by Meghna Bhosale, Dr. Sunita Dakhale, Dr. Adinath Pathak, Dr. Swati Shinde, and Prof. Tanaji Jadhav. The workshop was hosted by Prof. Alka Wadekar, with thanks given by Prof. Rajanigandha Ingole. The workshop was successfully conducted with the support of college students, faculty, non-teaching staff, and all committee members.

Adv. Jayashree Bodekar providing guidance during the session.



09/03/2024: Global Women's Day - "General Health and Homeopathy"

On March 9, 2024, Mamasheb Mohol College, in collaboration with the Commerce Department, Staff Academy, and the Women's Cell, organized a lecture on "General Health and Homeopathy" in celebration of Global Women's Day. The event was held under the guidance of Principal Dr. Sharmila Chaudhary and featured Dr. Tanvi Kurhade, a gold medalist in Homeopathy.

Program Details:

- **Opening Remarks:** Dr. Ippalpalli
- **Guest Introduction:** Prof. Alka Wadekar
- **Event Coordination:** Prof. Priya Arde

Dr. Tanvi Kurhade's lecture covered the causes of illnesses, homeopathic treatments, the interrelationship between physical and mental health, and detailed information on managing and preventing diseases like hypertension, thyroid issues, diabetes, heart diseases, and cancer through homeopathy. She explained how homeopathy can effectively maintain good health without serious side effects.

Dr. Kurhade emphasized the importance of a proper diet, meditation, yoga, exercise, walking, and rest in daily life to prevent illnesses. She also addressed queries from the college's teaching and non-teaching staff.

Coordination and Acknowledgements: The lecture was coordinated by Dr. Rupali Shendkar, Head of the Women's Cell. The event was attended by Dr. Meghna Bhosale, Dr. Sunita Dakhale, Dr. Prakash Humbad, Dr. Yogesh Pawar, Dr. Adinath Pathak, Dr. Swati Shinde, Prof. Tanaji Jadhav, and Vinod Ranpise. At the end of the program, Professor Santosh More expressed gratitude on behalf of the college, reflecting on the benefits gained from the lecture.

Dr. Tanvi Kurhade providing guidance during the session.



Dr. Rupali Shendkar

Dr. Rupali Shendkar
(Coordinator)

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